



# JANUARY 2022

## FRESH FRUIT AND VEGETABLE PROGRAM

*A'viands*  
an elior company

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**FRESH PICKS**



3

4

5

6

7

Cara Cara  
Oranges

Cucumber  
Spears

Red  
D'anjou  
Pears

10

11

12

13

14

Broccolini

Bananas

Celery  
Sticks

17

18

19

20

21

Kumquats

Red  
Pepper  
Strips

Star Fruit

NO SCHOOL

24

25

26

27

28

NO SCHOOL

Radishes

Mango

Avocado

ELIOR NORTH AMERICA

For questions and comments, please email the Food Service Director at [Amanda.tutor@aviands.com](mailto:Amanda.tutor@aviands.com).

This institution is an equal opportunity provider